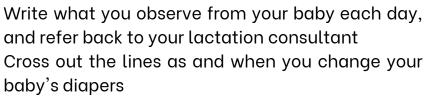
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Urine Output

Poop Output

Any specific observations _____

My diet today (Breakfast, Lunch, Dinner & Snacks) Mention stress levels, medication, health issues, mood, sleep



Baby Behaviour (Tick all that apply) 1. Fussy beginning of feed 2. Fussy middle of feed 3. Fussy end of feed 4. Pull nipple and crying 5. Arch his/her back and crying 6.Reflux 7. Spit up 8. Refuse breast 9. Colic 10. Cluster feeding 11. Fussy in evening 12. Blocked nose 13. Sleep half way in feed 14. Not pooping daily 15. Sleeping less 16. Nipple pain

- 17. Grunting noise
- 18.Long feed at one breast or both

